



MARTIAL ARTS INTERNATIONAL
ANAHEIM HILLS/YORBA LINDA/PLACENTIA
ON THE WEB: MAICHAMPIONS.COM

(714) 777-5599
November 2017

CHOP TALK

HONOR

BENEVOLENCE

COURAGE



NOVEMBER'S
BLACK BELT
QUALITY IS:

INTENSITY



Dear Parents...

Get a head start on your holiday shopping with Sensei's Christmas Catalog.

SAVE BIG \$\$\$!

The holidays are approaching fast and we have a great way for you to avoid long lines, crazy crowds and heavy traffic. Buy your favorite MAI martial artist a gift right here at the dojo. We will feature a large selection of catalog items at great prices for your little Ninja!



BBE

Special Seminar

A special training event for our students in the Black Belt Elite program takes place on Wednesday, Nov. 15th at 7:00pm. Sensei Luis Arce will be teaching Krav Maga. This special event is free for BBE members.



MAI's Buddy Months

Get ready to mark your calendar because MAI's Buddy Months are here!. In Nov./Dec. your family and friends may train with you for 1 month as our guest... absolutely **FREE!** Bring in your "buddy" anytime until the end of the year for their **COMPLIMENTARY ONE MONTH OF CLASSES**. Remind your friends and family that MAI Martial Arts makes a great Christmas Gift with benefits that really *last a lifetime*. For questions or more information, please contact the dojo office. We would be happy to answer any questions you or your "buddies" may have.



Happy Thanksgiving!

CLOSED—Wednesday thru Saturday

To celebrate the holiday, we will be closed Wednesday, Nov. 22nd, through Saturday, Nov. 25th. All of us in the MAI family wish you and your loved ones the happiest of Thanksgivings! We will re-open Monday, Nov. 27th so you can work off all of the Halloween and Thanksgiving goodies you feasted on!

BECOME AN EXTREME MARTIAL ARTIST

FREE Special Training Every Saturday!


Now there's even more to LOVE about Karate! Sensei Matt Russell will be teaching a FREE Trick Kicking class for all MAI students. The class is OPEN to ALL Belt Ranks. Students will safely learn to perform jump and spin kicks, flips and more! Pre-register today at the front desk.

Class Time : 11:30 a.m.

Students will promote to advanced levels with Sensei Russell's approval.



November 2017—MAICHAMPIONS.COM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	30 Katas & Conditioning	31 Katas & Conditioning	1 <u>REQUIREMENTS WEAPONS:</u> BBE: Nunchuku BBA: Bo	2 <u>REQUIREMENTS WEAPONS:</u> BBE: Nunchuku BBA: Bo	3 Open for Private Lessons Only	4 Regular Classes FREE Tutoring @ 10:30
Special BBE class 7:00pm w/ Sensei Luis Arce Teaching Krav Maga	Black Belt Skills Sheet Online					
	6 <u>REQUIREMENTS WEAPONS:</u> BBE: Nunchuku BBA: Bo	7 <u>REQUIREMENTS WEAPONS:</u> BBE: Nunchuku BBA: Bo	8 Sparring & Requirements	9 Sparring & Requirements	10 Open for Private Lessons Only	11 Regular Classes FREE Tutoring @ 10:30
12	13 Bar Testing	14 Bar Testing	15 Bar Testing	16 Bar Testing	17 Open for Private Lessons Only	18 Regular Classes FREE Tutoring @ 10:30
19	20 Katas & Conditioning	21 Katas & Conditioning	22 	23	24	25
26	27 Katas & Conditioning	28 Katas & Conditioning	29 Sparring & Requirements	30 Sparring & Requirements	Happy Thanksgiving from Sensei Manos and Staff!	

Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:45		Lil Dragons-KIDS White thru Orange KIDS		Lil Dragons-KIDS White thru Orange KIDS	PRIVATE INSTRUCTION BY APPOINTMENT	
4:00	Green/White thru Blue/Black—KIDS		Green/White thru Blue/Black—KIDS			9:00— 9:45am Green/White thru Brown/Black -KIDS
4:15		Green/White thru Blue/Black—KIDS		Green/White thru Blue/Black—KIDS		9:45-10:30 White thru Purple KIDS
4:30	Lil Dragon—KIDS	Brown—KIDS	Lil Dragon—KIDS	Brown—KIDS		
4:45	White thru Orange KIDS		White thru Orange KIDS			
5:15		Purple/White thru Purple—KIDS Black Belt Prep Class		Purple/White thru Purple—KIDS Leadership training 5:15-5:45		
5:30	Purple/White thru Purple-KIDS Brown-KIDS		Purple/White thru Purple—KIDS Brown—KIDS			
6:00		Lil Dragon-KIDS White thru Orange KIDS ADULT: White-Purple		Lil Dragon-KIDS White thru Orange KIDS ADULT: White-Purple		
6:15	Lil Dragon-KIDS White thru Orange KIDS Green/White thru Blue/Black KIDS		Lil Dragon-KIDS White thru Orange KIDS Green/White thru Blue/Black KIDS			10:30-11:00 Open Mat Black Belt Prep Class
6:45		ADULT Karate Green/White-Brown		ADULT Karate Green/White-Brown		11:30-12:15 Basic Trick Kicking Class
7:00			SWAT 7:00-8:00		12:00-1:00 Advanced Trick Kick- ing Class	
7:45		7:30-Black Belts ONLY		7:30-Black Belts ONLY		