



# CHOP TALK

HONOR

BENEVOLENCE

COURAGE



JULY'S  
BLACK BELT  
QUALITY IS:

**ACCURACY**

**B B E**

## Special Seminar

A special training event for our students in BBE takes place on Wednesday, July 12th at 7:00pm. Sensei Arce will be teaching Knife defenses. This special event is free for BBE members. If you are purple/white belt or above and would like to know more about these special programs, please see Sensei Manos or staff at the Front Desk.

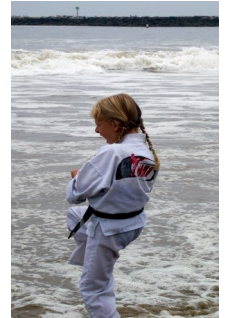
# MAI'S 28TH ANNUAL BEACH TRAINING & FAMILY DAY

Summer's in full swing and we're heading to the Beach! Are you up to a challenge? We're taking our Martial Arts on the road and hitting the surf. Beach training takes place at Huntington State Beach (Magnolia Street entrance) Training will begin at 9:00 am SHARP.

MAI Senseis will warm you up on the beach then test your Kata against the power of the surf. Practice Kumite in the sand and your self defenses on uneven surfaces. We'll have lots of fun and many challenges planned for you.

Don't forget to bring a picnic lunch, a bag for your wet gi and SUNSCREEN! **MARK YOUR BELT and ALL BELONGINGS** by writing your name on a piece of tape. Training takes place at Huntington State Beach beginning at 9:00am! *No charge for this event, but there is a parking fee (\$15.00).* And of course, there's no training at the dojo that day! Please see Front Desk for directions.

*When: Saturday, July 29th*  
*Where: Huntington State Beach*  
*(Magnolia Street Entrance, South, by life towers 5 & 6)*  
*Class Starts: 9:00 am SHARP!*



## Congratulations



**Aaron Aldrete**  
**MAI's Big Winner**  
**of \$300.00 at our**  
**VIP Pizza Party.**

**YOU CAN STILL WIN!**  
**Bring a Friend to MAI. If**  
**your friend enrolls in**  
**our program, You EARN**  
**a \$50 TOYS R US or**  
**Starbucks gift card!**  
**(Now thru 9/30)**

**MAI Wishes Your**  
**Family a Safe and**  
**Happy 4th of July!**



**The Dojo will be CLOSED**  
**Monday the 3rd**  
**& Tuesday, July 4th**  
**Enjoy the holiday!**

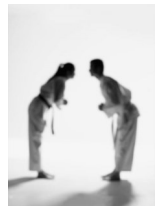
## BELT TESTING THIS MONTH!

**Wed., July 19th**  
**&**  
**Thurs. July 20th**



Bring Your  
Cameras!



Only students cleared to test should attend. Belts are awarded in the dojo immediately after testing.



# July 2017—MAICHAMPIONS.COM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Regular Class FREE Tutoring @ 10:30
2 <i>Special BBE class 7:00pm with Sensei Arce teaching Knife defenses</i>	 DOJO CLOSED	4	5 REQUIREMENTS WEAPONS: BBE: Bo BBA: Nunchaku	6 REQUIREMENTS WEAPONS: BBE: Bo BBA: Nunchaku	7 Private Lessons	8 Regular Class FREE Tutoring @ 10:30
9	10 Pre-Testing	11 Pre-Testing	12 Pre-Testing Black Belt Skills Sheet Online	13 Pre-Testing Black Belt Skills Sheets Due	14 Private Lessons	15 Regular Class FREE Tutoring @ 10:30
16	17 Pre-Testing	18 Pre-Testing	19 Belt Test	20 Belt Test	21 Private Lessons	22 Regular Class FREE Tutoring @ 10:30
23	24 Katas & Conditioning	25 Katas & Conditioning	26 Sparring and Grappling	27 Sparring and Grappling	28 Private Lessons	29 MAI Beach Training 9:00 a.m. 

Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:45		Lil Dragons-KIDS White thru Orange KIDS		Lil Dragons-KIDS White thru Orange KIDS	PRIVATE INSTRUCTION BY	
4:00	Green/White thru Blue/Black-KIDS		Green/White thru Blue/Black-KIDS			9:00- 9:45am Green/White thru Brown/Black -KIDS
4:15		Green/White thru Blue/Black-KIDS		Green/White thru Blue/Black-KIDS		
4:30	Lil Dragon-KIDS	Brown-KIDS	Lil Dragon-KIDS	Brown-KIDS		
4:45	White thru Orange KIDS		White thru Orange KIDS			
5:15		Purple/White thru Purple-KIDS  Black Belt Prep Class		Purple/White thru Purple-KIDS  Leadership training 5:15-5:45		9:45-10:30 White thru Purple KIDS
5:30	Purple/White thru Purple-KIDS Brown-KIDS		Purple/White thru Purple-KIDS Brown-KIDS			
6:00		Lil Dragon-KIDS White thru Orange KIDS  ADULT: White-Purple		Lil Dragon-KIDS White thru Orange KIDS  ADULT: White-Purple		
6:15	Lil Dragon-KIDS White thru Orange KIDS Green/White thru Blue/Black KIDS		Lil Dragon-KIDS White thru Orange KIDS Green/White thru Blue/Black KIDS			10:30-11:00 Open Mat  Black Belt Prep Class
6:45		ADULT Karate Green/White-Brown		ADULT Karate Green/White-Brown		11:30-12:15 Basic Trick Kicking Class
7:00			SWAT 7:00-8:00		12:00-1:00 Advanced Trick Kick- ing Class	
7:45		7:30-Black Belts ONLY		7:30-Black Belts ONLY		